

3-Day Collateral Duty Health and Safety Program

This course is designed to provide individuals with the background information necessary to operate in the health and safety arena. Topics will include OSHA inspectors (penalties, rights, etc.), record keeping, health and safety standards, health and safety programs (self-inspections, training, investigations, etc.), and recognition programs. Program attendees will receive the Wyoming OSHA Act, with Rules of Practice and Procedures, Wyoming Occupational Health and Safety General (1910) Rules and Regulations, supplemental information, sample programs, self-inspection checklists, and additional miscellaneous forms and pamphlets. Participation is limited to allow for an interactive, learning environment, so please call in advance for reservations. Contact Alicia Trujillo or Edward Carlson at 307-777-7787, for reservations and/or more information. These have been popular seminars in the past and most locations will fill up quickly, but may be put on a waiting list if any openings arise

[Print Agenda](#) – Download or print 3-Day Training Agenda

Agenda

Day 1 – AM Intro/Health

8:00 – 8:45	Workers' Safety Overview
9:00 – 9:45	OSHA 300/Inspections/Penalties/Most Often Cited
10:00 -10:45	Basic Industrial Hygiene
11:00 – 11:45	Hazardous Chemical Communication

Day 1 – PM Health Standards

1:00 – 1:45	Respiratory Protection
2:00 – 2:50	Noise/Ventilation
3:00 – 3:50	Bloodborne Pathogens
4:00 – 5:00	“Remember Charlie” Video

Day 2 – AM Safety Standards

8:00 – 9:00	Housekeeping/Working Surfaces/Ladder
9:15 – 10:00	Lockout/Tagout
10:15 – 11:15	Personal Protective Equipment
11:30 – 12:00	Confined Spaces

Day 2 – PM**Safety Standards**

1:00 – 1:45	Material Handling – Forklifts/Cranes/Hoists/Slings
2:00 – 2:30	Tools/Guarding
2:45 – 3:45	Fire Protection: Egress/Extinguishers/Flammables/Combustibles
4:00 – 5:00	Fire Extinguishers/Mean of Egress

Day 3 – AM**Risk Management/Safety**

8:00 – 9:00	Risk Management/Cost Benefit Analysis
9:15 – 10:15	Ergonomics/Health Questions
10:30 – 11:50	Welding, Cutting, & Brazing

Day 3 – PM**Safety/Recordkeeping/Safety Programs**

12:30 – 1:45	Safety and Health Programs/Cost Benefit Analysis
2:00 – 3:00	Electrical
3:15 – 4:30	Safety & Health Programs
4:30 – 5:00	OSHA Program & Resources/Certificates